

# *The Well*

## **STEAM & Literacy Center**

213 North Cuyler Street, Pampa, TX 79065

806-486-1971

### **Electives List and Descriptions**

All prices are monthly fees. These electives are available to our full-time students at no extra charge (with the exception of Bowling- see rate below).

#### ***Friday Mornings***

**The Bible and How to Read It** (Friday Mornings 8:00-9:00 am, grades k-12, HS half-credit, \$10)

Students read and hear teaching from a variety of books of the Bible, which all ultimately point to its one central message: the perfect life and sacrificial death of Jesus on the behalf of sinners. They'll learn to consider the genre of the book they are reading, focus on the intended message of the authors and see the correlation of themes between individual books. Our older students learn leadership skills while facilitating activity and assignments in their work groups.

**Bowling** (Friday mornings, 9:00-10:30 or 10:30-12:00, grades 6-12, HS half-credit, \$35, \$11 per Friday for our full-time students)

Our friends at The Zone Bowling Center have wonderfully agreed to not only be open just for us, but to also offer guided group lessons for our students. We're thrilled to start this new relationship!

**Brain Games** (Friday mornings 9:00-10:30 am or 10:30-12:00 pm, grades 3-5, \$35)

Students learn and play a variety of card and board games which require strategy, problem-solving skills and focus. Along the way they'll learn fair play and conversation skills while they enjoy the relationships which these kinds of games naturally foster.

**Calisthenics** (Friday Mornings 9:00-10:30 am or 10:30-12:00 pm, grades 6-12, HS half-credit, \$35)

Students perform a wide variety of body-weight exercises (i.e.-push-ups, squats, speed-rope, etc.) In addition, they will learn proper stretching techniques to increase flexibility and make their bodies less prone to injury. All of this occurs in a friendly, encouraging environment in which students are challenged to improve their "personal bests" and encourage their classmates to do the same.

**Classic PE Games** (Friday mornings 10:30 am - 12:00 pm, grades 3-5, \$35)

That's right, you remember those games you lived for as an elementary school student: 4-square, freeze tag, capture-the-flag, Gaga ball (okay, not so classic but really fun) and much more. These games promote flexibility, coordination, mobility and teamwork.

**Culinary Skills** (Friday mornings 9:00-10:30 am, grades 3-5; 10:30-12:00 pm, grades 6-8, \$35)

Facilitated by experienced instructors, students learn how to safely use kitchen utensils and equipment, follow a recipe and improvise upon a recipe to produce a wide range of delicious entrees, sides and desserts. Students also practice the discipline of cleaning-up and keeping an organized, well-stocked kitchen.

**Gardening and Lite Construction** (Friday mornings 10:30-12:00 pm, grades 3-12, HS half-credit, \$35)

Students get their hands dirty, participating in every aspect of creating and maintaining a successful garden. They'll learn the value and reward of hard physical work as they help in the construction of planters, spreading rock and pulling weeds. They'll learn how to properly space plants, and which species complement one another as they grow. And of course, they'll work to prepare soil, plant seeds and water in both outdoor and indoor environments.

**Graphic Design** (Friday mornings 9:00-10:30 am, grades 6-12, HS half-credit, \$35)

Students learn to use applications such as Canva to create attractive and compelling designs and promotional materials.

**Journalism** (Friday mornings 9:00-10:30 am, grades 9-12, HS half-credit, \$35)

Students are introduced to the fundamentals of news writing and reporting. They'll learn how to research, interview, and write articles across various journalistic styles, including news, feature, editorial, and sports writing. The class emphasizes ethics, accuracy, and responsibility in reporting, while also exploring the role of journalism in our democratic society.

**Leadership Principles** (Friday mornings 10:30-12:00 pm, grades 9-12, full credit, \$35)

Students learn first and foremost that leadership is service. They will practice servant-leadership throughout the year by working behind-the-scenes in a variety of ways to help The Well and its students have a successful school year. This includes work-projects, weekly set-up and take-down and an intentional approach to encouraging and supporting Well students in their elective classes.

**Needlework** (Friday mornings 9:00-10:30 am, grades 6-12, HS half-credit, \$35)

Students learn crochet, embroidery and basic hand-sewing to create usable items they can keep. Dexterity, patience, creativity and the art of conversation are all life-long benefits of this class.

**Robotics, Advanced FIRST Tech Challenge** (Friday Mornings 9:00-10:30 am and Monday through Thursday 2:00 - 3:15, grades 9-12, HS full credit, \$100)

Students join the global FIRST robotics community, as they move past Lego to construct more advanced metal machines. The programming is more challenging, and the game more sophisticated. This program includes multiple all-day competitions at out-of-town locations.

**Spanish School House** (Friday mornings 9:00 - 10:00 a.m., grades 3-5, \$35)

Through songs, games, conversation and writing, students begin learning the foundational "building blocks" of the Spanish language.

**Woodshop** (Friday mornings 9:00-10:30 am for grades 6-12; 10:30-Noon for grades 3-5, half-credit, \$50)

Under the guidance of an experienced instructor, students use traditional wood-working tools (no power tools) to construct items with their bare hands and by their own grit! (i.e.- bird houses, tool boxes, wooden mallets, benches, etc.)

### ***Monday through Thursday Afternoons***

**Art Fundamentals** (Monday - Thursday afternoons 12:45-2:00 pm, grades 3-5, \$50)

Students hone their visualization, fine motor coordination, and concentration skills through varying art techniques. Classical art and history will be explored through projects which copy the methods of the masters and inspire creativity. They'll use different mediums, and enjoy learning about color theory, shape, form and texture.

**Intermediate Drawing and Painting** (Monday - Thursday afternoons 2:00 - 3:15 pm, grades 6-12, HS full credit, \$50)

Facilitated by a professional artist, students and expand techniques and materials to various applications. Tone, shade, tint, hue, saturation, and composition will be used to grow visual understanding of art pieces, to study famous works of art, and create original pieces. Drawing and painting with Graphite, Charcoal, Ink, Oil Pastel, Marker, Water Color, Acrylic, and more. A sketchbook journal will be used to document growth through the school year.

**Computer Languages 1** (Monday - Thursday afternoons 2:00-3:15 pm, grades 9-12, HS full credit, \$50)

Students begin learning HTML, CSS and JavaScript, the three foundational programming languages of web design. Under the guidance of an instructor, they will complete online tutorials and a range of projects which require an understanding of how the three languages work in coordination with one another to produce underlying structure, design and interactivity with a user.

**Competitive Sports** (Monday - Thursday 12:45-2:00, grades 6-12, HS full credit, \$50)

Students will learn skills and strategies of several traditional sports (soccer, baseball, football, volleyball, basketball etc.). In addition, we'll be adding moderate to strenuous workouts in order to develop strength and endurance. Our goal is to give our students with that competitive drive an outlet to grow and test their capabilities.

**Culinary Skills** (Monday - Thursday afternoons 2:00-3:15 pm, grades 9-12, HS full credit, \$50)

Facilitated by experienced instructors, students learn how to safely use kitchen utensils and equipment, follow a recipe and improvise upon a recipe to produce a wide range of delicious entrees, sides and desserts. Students also practice the discipline of cleaning-up and keeping an organized, well-stocked kitchen.

**Engineering FUNDamentals** (Monday - Thursday afternoons 12:45-2:00 pm or 2:00-3:15, grades 3-5, \$50)

Throughout the year students learn basic construction and engineering principles using a wide selection of building toys and materials. This class now includes Lego robotics and machine builds which improve their fine-motor skills, problem solving capabilities and collaboration abilities to create towers, bridges, boats, cars and more!

**Gardening** (Monday - Thursday afternoons 12:45-2:00 pm OR 2:00-3:15 pm, grades 3-12, HS full credit for grades 9-12, \$50)

Students get their hands dirty by participating in every aspect of creating and maintaining a successful garden. They'll learn the value and reward of hard physical work as they help in the construction of planters, spreading rock and pulling weeds. They'll learn how to properly space plants, and which species complement one another as they grow. And of course, they'll work to prepare soil, plant seeds and water in both outdoor and indoor environments.

**Music** (Monday - Thursday afternoons 2:00 - 3:15 pm, grades 3-5, \$50)

An excellent introduction into the world of music. During each class, students will be learning vocal technique, music theory fundamentals, introduction to instruments and even small ensemble skills. This is accomplished through a variety of activities including LOTS of movement, games, fun activities and yes, singing and playing instruments.

**Music** (Monday - Thursday afternoons 12:45 - 2:00 pm, grades 6-12, HS full credit, \$50)

A deeper dive into the world of music: students will explore the fundamentals of music through a blend of rhythm, movement, and creativity. They'll have fun learning to read music, starting with the basics of sight-reading, and developing a solid foundation in musical notation. Through interactive activities and lively exercises, students will build their musical and singing skills while enjoying working together.

**Pre-Engineering and Competition Robotics** (Monday - Thursday afternoons 2:00-3:15 pm, grades 6-8, \$50)

To solve stated problems students design, create, test and modify projects, with a wide range of materials. The engineering design process is emphasized and practiced as they draft their designs and document their creation and testing steps. In the spring students use these skills to participate in our LEGO competition robotics program, developed by Texas Tech University.

**Robotics, Advanced FIRST Tech Challenge** (Monday - Thursday 2:00-3:15 and Friday Mornings 9:00-10:30 am, grades 9-12, HS full credit, \$100)

Students join the global FIRST robotics community, as they move past Lego to construct more advanced metal machines. The programming is more challenging, and the game more sophisticated. This program includes multiple all-day competitions at out-of-town locations.

**Spanish 1** (Monday - Thursday afternoons 12:45-2:00 pm, grades 9-12, HS full credit, \$75)

Students build a bank of vocabulary, phrases and memorized sentences for use in specified contexts. They'll practice reading, writing and most importantly, speaking those elements in conversation.

**Spanish 2** (Monday - Thursday afternoons 2:00-3:15 pm, grades 9-12, HS full credit, \$75)

Students expand upon the tools they developed in Spanish 1 to begin constructing phrases of their own within familiar contexts.

**Recreation and Games** (Monday - Thursday 2:00-3:15, grades 6-12, HS full credit, \$50)

When the weather is good, students will get outside to move and play various recreational games (kickball, gaga ball, camp games and a lighter take on the traditional sports.) Our goal is to create a pattern of healthy physical activity and have fun doing it. When the weather is too cold or too wet, we'll be inside learning cards, dominoes and a variety of board games which promote problem-solving skills and foster relationships.

**Sports Lab** (Monday - Thursday 12:45-2:00 or 2:00-3:15; grades 3-5, \$35)

Students get outside or travel to the Youth and Community center to learn and play the traditional sports (baseball, football, basketball, soccer, etc.). They'll learn the basic rules and skills of those games in a fun, encouraging environment. Opportunities to learn good sportsmanship and teamwork abound!

**Videography** (Monday - Thursday 12:45-2:00, grades 6-12, HS full credit, \$50)

Students learn the technical aspects of video, audio and editing along with the creative side of making video visually appealing. They'll create promotional videos for The Well and create "news stories", highlighting events and student activities which occur throughout the year at The Well.

**Web Design** (Monday - Thursday 12:45-2:00, grades 6-12, HS full credit, \$50)

Students create vibrant, interactive websites using Wix, a "drag and drop" website builder. They'll begin with templates of their choice and then tailor that template with photos, their own design elements and advanced capabilities (e-commerce, event registration, site membership, etc.)